Dr. Ikram Nizam MB ChB MRCS MS FRACS FAOrthA

Orthopaedic Surgeon | Hip & Knee Specialist

#### Patient's Full Name:

# LYSHOLM KNEE SCORE (LKS)

1

Pre- Operative (Before Surgery)

8 Weeks Post- Operative (After Surgery)

6 Months Post- Operative (After Surgery)

\_Years Post- Operative (After Surgery)

Today Date: /

Date of Birth: Surgery Date:

**Evaluation Type:** 

#### Side of Procedure:

RHS-Right Hand Side

Ozorthopaedics

LHS- Left hand Side Bilateral-Both Sides

## LIMP

- └ None
- Slight or periodical
- Severe and constant

#### **SUPPORT**

None
 Stick or crutch
 Weight-bearing impossible

## LOCKING

- No locking, no catching sensations
- Catching sensation, but no locking
- Locking occasionally
- Locking frequently
- Locked joint on examination

## **INSTABILITY**

- Never gives way
  Rarely during athletics, severe exertion
  Frequently during athletics, severe exertion
- Occasionally in daily activities
- Often in daily activities
- Every step

Ozorthopaedics **Dr. Ikram Nizam** MB ChB MRCS MS FRACS FAOrthA Orthopaedic Surgeon | Hip & Knee Specialist

Today Date:

/

/

Surgeon | Hip & Knee Specialist

## PAIN

Π

П

#### None

Inconsistent, slight during sever exertion Marked during severe exertion Marked on or after walking more than 2km Marked on or after walking less than 2km Constant

# SWELLING

- None
- On severe exertion
- On ordinary exertion
- Constant

## STAIR CLIMBING

- No problems
- Slightly impaired
- One step at a time
- Impossible

## SQUATTING

- No problem
- Slightly impaired
- Not beyond 90 degrees
- Impossible

# Comments: